

Talk To Your Pets

Many pet owners talk to their pets as family members. We also communicate with our pets daily through words, commands or body language. Did you know that animals can also read our energy and emotions?

Give information

Even good changes – when happening to your pet or family members – can be stressful. Our pets can feel the stress. Without information, this can result in undesirable behaviors...or even lost pets, if the change involves moving.

- Don't assume your pet knows what's happening.
- Tell them about changes in the home, their care, vacations, vet visits, moves, etc.
- Even events in your personal life that don't directly involve your pet can affect them.
- Explain changes to your pet, as you would a child.
- Let them know how the change will affect them.
E.g., If you're moving, tell them they will be moving with you.

Communicating for Behavior You Want

Tell your pets what you WANT them to do. Be specific.

- Send consistent messages with your words, body language and even thoughts! Your pets feel and 'read' your energy and emotions.
- Visualize the NEW behavior you want them to do, rather than anticipating the old/bad behavior you have come to expect.
- Imagine what it would look like, when you pet shows the appropriate behavior you want. Example: You want your dog to stop jumping on people. Say, "Stay calm" or "Sit when we meet someone" and visualize your dog doing that.

Find Your Pet's Motivation

When you want them to do something, think about what's in it for them. That's their motivation to do as you ask.

- Tell them when a specific behavior causes you stress or worry. Our pets want us to be happy.
- Tell them why they need to take medicine, allow grooming, go to the vet, etc. and what will happen if they don't.
- Often the key to your pets' cooperation is having the information and the understanding of why it is important.

HEART  CENTERED
HEALING & ANIMAL COMMUNICATION

Want to learn more?

Schedule a free phone consult to talk about your pet and how energy work and animal communication can help.

Visit www.blairhope.com.

I can help you and your pets:

- Pain, Illness and Injuries
- Fear, Anxiety and Trauma Behavior
- Understanding and Bonding
- Seniors, End of Life and Rescues

Remote/Distance Sessions allow me to help pets in all locations.

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